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"I will try in all kept in conditions  
to be born in a few, provided and known  
allows."

#

All habits which dull  
to destroy senses must go!  
Includes stimulants, too much  
or wrong kind of food.

Mr. Miller: I love people for  
themselves but only admire  
people for their accomplishments.

"Don't feel that you are imposing  
on these people I've introduced  
you to. They will be thrilled to have



Al W. Liveness: The Monk of the Lion

Though his business was thriving and ever increasing in its scope, Liveness never seemed to be particularly busy. His mind was like the sleek desk of a senior executive. He dealt promptly and decisively with each problem as it presented itself. He was never mentally in arrears. Such worries of he had never slipped from his grasp, never got deeply entangled and out of control. Perhaps that is why people liked him.

Germain  
St. ~~Germain~~: The grace and  
dignity that characterized  
his conduct, together with  
his perfect composure  
in every situation  
attested the innate  
refinement and culture  
of one accustomed to high  
station.

Louis XV: — He was only a  
dilettante whose will was  
not strong enough to bind  
him to any lasting purpose.

November 20<sup>th</sup> 1935

4:00 a.m.:



Relating mental being experience  
to Kurji, and preceding ego  
crushing experience . . . .  
Comment by Kurji: "This was another  
type of 'glimpse'. The strength and  
power you felt was the element of  
Grace. Whatever results  
you have had in permanent  
character change, they are the  
really valuable gifts. The  
experience will come again,  
meanwhile continue "getting"  
the ego. For that is what the  
Quest is, a continuous going  
or thinning down of the ego so  
that when the final battle comes  
and it is finally destroyed, Grace  
can come in ~~in~~. The Quest is the  
part of Illumination which we  
accomplish by our own effort.  
You come back to the demon



state because there are  
many things you have to  
clear up here, many bad  
habits to be forced and  
overcome through effort &  
will.

Living in the mental being,  
or identification with it  
is a superhuman state of  
consciousness and  
serves as a link with the  
Overself.

Noël: "Can I get back to  
this state through using the  
some method as before - ~~the~~  
self-enquiry. Who am I, etc."

Henry: "Yes."

~~Henry~~: "What is the answer to  
"Who am I" Is it "I am  
God?"

Noël: "When I asked that  
question I received the  
answer - "I who am"  
Then the same question

is also the answer. The  
"I" is reversed from the end  
of the question to the beginning  
of the answer.

Henry: "Then what is the  
answer to - "What am I"  
- "It is "I am the essence  
of God."

Noël: "Now ~~my~~ my greatest  
desire, my only desire, or  
goal is for spiritual  
advancement. Before I wanted  
you to love me above all  
else. Now that has passed  
I am free from all emotional  
attachments and I seek  
inner realization. I am  
now for the first time conscio-  
us and deliberately on the Path  
and Quest. Are there are  
short cuts you can recommend  
how that I can seeking  
wholeheartedly?"

Suriji: You must meditate regularly.

Naik: What is meditation.

Suriji: Concentrating the mind on a spiritual theme. Calming all other thoughts, then through concentration retreat from the senses into an inner world or state, then cease all thought.

Naik: I cannot meditate with the eyes closed. I find nothing but sleep there. But with my eyes open I can concentrate and see the world as illusion.

Suriji: It is only for beginners to close their eyes, so as not to be distracted by the outer world to which they are

attached. For you it is not necessary. You

after all the eyes are connected with the body, and ultimately it does not matter what the body is doing only what is happening within the mind. The mind is separate.

Suriji: "When the feeling of strength and fight come through and one feels strong within oneself to meet and face the world and to shape his destiny, then his outer circumstances change. Bodily, through his own effort, bodily through bringing his karma to the fore and <sup>outlet</sup> to the change." (Naik: see what happened in New York, then Montauk.)



<sup>Isuniji</sup>  
"In this state you felt  
isolated, alone separate  
from everyone, and  
psychologically - you  
were dependent on no one  
and vice versa." Also if you  
were somebody one with the state  
you would not have to struggle to  
Heil: I felt completely  
responsible for myself  
and my life. I was  
in control on the reins and  
it was within my power  
to bring myself "blessed" luck"  
and opportunities. Everyone  
that I come in contact  
with I could learn something  
from or enlarge the  
circumference of my understanding.  
I wanted to become perfect  
and beloved in all ways.  
I could become physically  
perfect, intellectual perfect  
and spiritually perfect,

\* And from everyone and  
everything I could learn  
about one of these three steps.  
I felt that the word was  
coming out of me, like a  
word from a spider. I  
was the center of my world,  
releasing my neighbor was the  
center of his. I could  
see the same mental + spiritual  
being in others as I felt in  
myself, only they were not  
aware of that "God within".

<sup>+ Heil</sup>  
Isuniji: "We must understand  
the laws of nature and how  
the act in our physical selves.  
We cannot destroy these natural  
impulses, but we can through  
understanding them, control  
them. Nature has her God to  
play and cannot be ignored as  
not existing in her relative



plane. Even though we are able to identify our selves with the world beyond known being, we still have to acknowledge the body and its natural functions and inguress. We must refine and control them.

In love, one should not watch out for physical attraction and lusty marriage. Wait two years before marrying.

Yerji: "When people like entirely with identification centered on himself and self, they must see their lessons on that level, birth, marriage, death - but when a person enters into deeper mental or spiritual level, he meets experiences far greater more on a inner plane instead of an outer one.

There is a definite spiritual pattern working in your life now here. B. + the fast + fruitarian diet, very important for your advancement.

Once knowledge of P.B.'s balanced philosophy is won, "it grows its practical worth by standing every test. The wisdom it confers, the ~~ethic~~ ethic it upholds, the strength it gives, the tranquillity it sheds and the intellectual capacity it develops - all combined to make the student who completes the course a better man or woman. - Hidden Teaching

Yerji: "By thoroughly mastering Hidden Teaching or even higher complete mental understanding, it will be of tremendous help in refining education and even disabling ego from knowledge.

Truth is a dynamic, not a narcotic.

"Balance"

action thought

calm, undisturbed  
peace

Hidden Teaching

"The philosophic discipline  
trains the mind and then the mind  
all the acts of a man."

"The thoughts which most often  
occupy his mind and the moods  
which most frequently fill his  
heart are his invisible rules."

~~Study: "The value of this study in  
restoring emotional balance  
is that it harmoniously integrates  
the neurophysiological functions~~

"The value of this study in  
restoring emotional balance  
is that it harmoniously integrates  
the neurophysiological functions

It disciplines passions,  
overcomes bad habits and  
eliminates nervous fears."

"The power that self-restraint  
gives his mental, ethical and  
physical character helps him  
in every way. And when a  
man betakes himself to the  
quest of truth he will need  
even more of this inner strength."

"The flabby breaking who  
yields to every impulse  
does not know the delight of  
being independent, the  
satisfaction of being in bondage  
to nothing."

"However, remember anything  
overdone is a mistake, a good  
overdone generates a fresh  
evil, a virtue overdone  
creates a new vice."



Science: I am a man:



Nothing pertaining to  
humanity is alien to me.

(Being worldly reality  
or an adult.)

Hidden Teaching

Read Pg. 378 - 380 about

Artists are really mystics.

"Both artists and mystics  
tend to require a fervent  
faith in the reality of their  
mental constructions."

Both arrive unconsciously  
at the truth of mentalism  
through the same avenue -  
intense concentrated self-  
absorption in a single  
dominating idea or a  
single series of thoughts.

Huruji to Noel: Nov. 28<sup>th</sup>

2:30 P.M.



"Do you think I like to have you  
with me just ~~as a guest~~  
Personal remark? There is much  
more to it than that. You are the  
only person I can count on  
around me."

"An Illuminated  
Being would better say -  
"God Am I" not "I  
Am God" - the latter  
places self first.

Tuesday, Nov. 22, 1950.

During last night's  
sleep I had the experience  
of P. B.'s death. He left in  
the world his outer shell,  
and I suffered an agony  
a gnawing pain un-  
describable and never  
before experienced. It  
seemed as though between  
us there is a link of  
such depth that I have  
never been able to conceive  
it consciously. I am not  
ready yet to know it, I  
think. In the dream, I  
suffered for days, trying  
to go on with life, but  
the pain did not lessen.  
Then I heard his voice  
as I burst into uncontrolled  
tears over some of his



Possessions. He said:

"I am no longer P. B.

the man, who lived with  
you, who used these  
things. I am no longer  
with that identity. You  
must forget the part with  
that man. He is gone.

But the essence of  
him shall never die.  
I am here. Once  
you accept this and  
give him up the agony  
will leave you!

And it did. I then  
went up to find P. B.  
beside me.

I later asked Gungji  
what this could mean.  
He says that it is a  
combination of repressed  
unconscious fear, & also  
that yesterday I had asked

him how long he would  
be with us + he said 15 years.

Also it was a teaching  
lesson, a partial crushing of  
the ego. Then the three of us  
to meet I said to Gungji - If  
I could know your true  
identity while you are  
still alive then I would  
accomplish what I have  
to do after your death, now.

Gungji - Yes.

Mel - But is it possible  
for me to know your  
Real identity?

Gungji - You will know  
more ~~about~~ it than you do  
now.

Mel - "Why does it take  
a shock like death to open  
our eyes to growth. Why  
must we have such violent  
shocks to grow. We waste

so much time when  
everything is dormant, like  
contaminated flows, we do  
not bestir ourselves into  
active growth. What  
nature is sure to be so?

"Gurujii" It would  
be well for you to try to  
know my real self.

Naïl - (That real self is the Guru  
which you love + love  
also in Gurus.)

Ever with Praff :-

An experience of  
agnis. Ihe, a great  
artist, with great  
concentration, sensitivity  
depth, transported  
Naïl into inner state  
of concentration, beyond  
exhaustion. This was  
Yoga - one pointedness.

Ihe some with  
Jocali - tremendous  
concentration, inspiration,  
sensitivity.

Love with Priza.

Jocali  
Priza  
Praff

in one evening.  
A time of great artistic-  
inner inspiration for  
Naïl. The way is



becoming clear for her.  
She must penetrate into  
her rightful medium

— spiritual singing —  
by being, by expressing  
her real self in this  
way, great growth  
will take place. She  
will find herself. —

Idea: Take essence  
of symphonic music,  
its impersonal grandeur  
of nature (Liberius Paul  
Debussy) (opus d'orch),  
incorporate this mood  
into concert recitation —  
showing how God comes  
through this medium,  
emphatically of nature  
and its beauty. Get  
away from study

found religious  
type.

Introduce new  
concept into spiritual  
singing world.

Maybe even have  
it stand through  
higher love between  
man and woman.

Show our objects,  
moods of God in the  
world + universe

Look up poems  
about universe in various  
planetary books.

Study Buddha  
gestures from her book.  
Specially ~~copy~~ <sup>copy</sup> of inspiration

tonight with Bhatt, I  
thought felt this:

What a tremendous  
amount of knowledge

there is to be absorbed.  
So many great  
people to hear, to see,  
to learn, to absorb  
from. So little time.  
One must really  
live one's life in a  
concentrated, living in  
every moment (state),  
opening, thinking,  
absorbing, absorbing  
what a wonder it is  
to be alive, breathing air,  
seeing trees, smelling  
and tasting food.

All wonders.  
And intellectual  
growth, artistic  
expansion +  
Perseverance. The wonder of  
it all

Devotion - Otto Lagerova

↓  
"Song of Inspiration"

by  
Noel

"Song of Beauty"

or  
"Song of Love"

or  
"Song of Devotion"

not religious  
singing but inspiring  
singing.

"Thus the greatest poets are those  
whose memories are so great that they  
extend beyond their strongest experiences  
to their minutest observations of people  
and things far outside their own  
self-centeredness. (The weakness of memory  
is its self-centeredness, hence the narcissistic nature



Seuryc said that humans  
we are more animal than  
human, and that we  
have not really reached  
the human stage until  
we have found ourselves.  
#

Noel: Until we can  
control the best within  
us, we do not know ourselves.  
We must come to the stage  
where we are masters of the  
animal then later the animal  
disappears.

Alles #  
Munke says that to be  
kind to animals to feel a  
sympathy for them means  
a man has reached a  
civilized level, for to one  
uncivilized man the  
animal is only to be  
killed, to eat.

Seuryc - Dec. 2<sup>th</sup> 1955  
at Seuryc 3: am.

~~X~~  
Those few who can  
go through their lives without  
getting entangled with  
the ordinary worldly  
desires + pursuits and  
consequential responsibilities  
and distractions (worryes)  
and who keep the contact  
with their highest idealistic  
revels as easy to be  
intimate with before  
intellect develops in early  
twenties, and through  
whom intuition speaks  
clearly (the voice of the Overself)  
because intellect is not  
demanding logical explanations,  
and can carry this intuition  
through entire life, are the  
few religious or spiritual geniuses

All life is colored  
by one's individual  
attitude. This is the  
ego and we actually  
experience life through  
our individual attitudes  
about it. \*

We must break the  
ego down to its base, and  
make it come out so that  
we can really see it as it  
is. It has deceived us  
into believing it is  
ourselves.

#  
Life is a dream and  
illusion, and when  
we realize this we are  
liberated.

Experience is only to  
teach us the ultimate truth.

#

Plotkin: "Understanding  
the faces of ~~nature~~ both  
good & evil \*

Mystical: "Union  
with God."

#

Bunji - "You actually  
are what you eat. Your  
body is made up of the  
food you eat. Your body &  
mind cannot be regenerated.  
They are interrelated.  
Therefore what you put  
into your body is of great  
importance."



Dec 7th 1955

Juriji: "In order to get out of this labyrinth of Maya created by the ego we must use the ego to do so. We have to educate it then break it down, root it out."

Noel - "I experience for a short period freedom from the ego into pure, untouched consciousness freedom, when there was not a ripple. A screen in which the play was being enacted. I felt free from the confines of Noel."

Hidden teaching

"Thought has imprisoned us, thought <sup>not</sup> can release us"

Alan  
"See" - A Re<sup>le</sup>er

December 9th 1955

"Noel to Juriji" I feel so very fortunate to have met you in this life. What could I have done in past lives to have this privilege? To think of finding the truth, the whole so early in life. I could have wandered through my whole life thinking, looking here and there for the truth without even finding anything. Now I am a celibate, a vegetarian - what now for attainment? Juriji: The practice of meditation. Going within. To gain complete mastery of your consciousness

<sup>note:</sup>  
What would you  
be called in higher  
words?

Shunji: A sage.

Kail: To think that  
you, of all the people  
in the world, know the  
whole truth.

What you spoke of  
on the 7<sup>th</sup> at Weselmon's  
about the nature of the ego  
and of the way to  
get yourself of it.

This was the greatest  
talk I have ever

heard you give. It  
went to deep. Do

you speak this way  
to many people?

Shunji: Oh, no. To  
a very, very few.

Kail: The greatest  
teacher I possess

to to develop  
spiritually.

Shunji: If I were you,  
I would not marry.

You are an artist  
and a mystic.

Kail: "Do you love me?"

Shunji: "Yes."

#

Kealoni: "All movies  
do is make me see the  
brutality, and stupidity  
of the world."

#

Above all else,  
at all times  
give him love,  
through devotion  
and reverence.  
He is your Shunji.



Tea 5:00  
 (milk }  
 (honey } 2 cups.

~~1 glass~~  
~~1 glass~~  
~~1 glass~~  
 7:00 P.M. 1 lg. glass  
 orange juice

1 box yogurt 9:30 - 10: P.M.  
 and six prunes  
 before going to  
 bed.

# 7 20  
 100 juice  
 20  
 60  
 180  
 50  
 230 } 3 cups  
 60 } milk  
 60 } yogurt  
 60 } prunes.  
 100 }  
 60 }  
 340 }  
 120  
 150  
 270  
 ↓  
 230  
 340  
 570 } lunch  
 150 } diet.  
 720 } breakfast

1098  
 1108  
 100  
 1000  
 Reducing diet.

He held me in his arms,  
kissed me, and helped  
me. He hugged me  
gently, saying "I love you,  
that is why you are here  
with me. I'll try to be more  
kind to you. You are my  
companion, my helpmate.  
I'll try not to be so  
stern with you. I don't  
mean to be."

Do I frighten  
you at times when I  
am nervous and  
strict? I am so sorry.  
You must promise me  
that you'll never be  
frightened again, and  
will never feel such  
fears. I love you; you  
promise me.

George: "The disturb  
the balance of the mind its  
calmness disappears and  
this wisdom cannot be  
manifest under such  
conditions."



Sumiji Dec. 16<sup>th</sup>

There is ultimately  
a fixed <sup>or destiny</sup> destiny for all  
of us. Look out at the  
bones, each individual  
bone is compelled to  
move onward with the  
motion of the sea. It cannot  
go back. The same with us.  
We are forced by evolution  
to go forward, but within  
this compulsion or fixed  
destiny, we can affect  
or change or create our  
destiny. We must work  
consciously with the God  
within us. We are all  
God, deep within our  
being that is what we are,  
so if God creates  
destiny, + we are a part of  
him, we too can create

See destiny when we  
work consciously; when we  
are awake to our  
higher nature.

We can do a great  
extent shape our lives.  
Only the major events  
or cycles are unchangeable.

I proved this by making  
an experiment 37

years ago. I read during  
meditation the night before  
the following day told  
that this was to happen -  
the people I was going to  
see, their words and  
detailed events for the  
entire day.

The next day we  
started to happen as  
God previously knew.  
I then started to change

this pattern by my own will.

I will tell certain people not to  
come, I changed appointments  
and even influenced  
people to speak different  
words than they intended.  
However, the major part I  
could not change, as it was  
fixed by destiny. That is,  
the flock in which I  
was at that time. I  
was a cycle I had to  
go through and could  
not get out of till the  
cycle had worked itself out.

To the extent that  
we cannot help being  
who we are with certain  
mental + physical  
characteristics, which means  
that because of these



limitations of our individual beings we create certain patterns, to that extent we are bound to the effects of our actions which in turn spring from our limitations.

But when we are to a certain extent or completely free from the personalities boundaries and know our true beings & therefore work consciously with it we can create and control our lives to

a great extent.

---

of Dostoevsky: by Rao

"He was in need of all the moral support, sympathetic understanding and true love that a woman could give. Anna crossed his path quite accidentally like a guardian angel. She took energetic steps to put his affairs in order and give him much needed relief - peace of mind and mental poise to devote his entire energies for the creation of his works."

" In the annals of world literature we very rarely come across instances of women manning a man out of sheer love for his genius, sacrificing everything - Youth, happiness, comfort and joy in life.

Dec. 20<sup>th</sup> 1955

Whenever a negative mood or depressed state overcomes you, and your direction is challenged and confusion sets in remember this: that you have learned that the spiritual way is always the right way in every regard. Physically, mentally, (psychologically, in human relationships)

And for spiritual progress, to act and react taking the unselfish, positive path will eventually lead you out of the darkness where you can feel hope - and keep you from making terrible mistakes while you cannot feel the light. You are always safe when staying on the path of unselfishness and positive thinking. This is your life - profession. Use it, whenever you have a decision or be in confusion and have to choose between taking the known, or the desire filled road - the 'unselfish' positive one - choose the latter - you will be alright.



Shunji: "The mystics  
who are always joyous  
and smiling are feeling  
I had with their hips  
they want to be ~~in a position of~~ <sup>in a position of</sup> finding  
emotions, but one  
just balance up and  
feel good also with intellect  
and intuition. I have  
seen real suffering in  
past months that I am  
inclined to be serious."

#  
Shunji: "Your disposition  
will improve if you lose weight."

#  
Shunji: "The brass stone I  
gave you must not leave your possession  
It has given spiritual properties, and  
(half-joking) conquer you Nirvana.  
Would you like to find Nirvana?"

December 20<sup>th</sup>  
Shunji: When the animal,  
the human, and the spiritual  
are all active at once, then  
conflict sets in. The animal  
wants sex, the human, affection,  
and the spiritual, enlightenment.  
#

"Nature pushes the propagation  
of the race by putting the desire  
of sex and of affection  
into her young ones. But  
for those seeking enlightenment  
these can be overcome."  
#

"I love you, that is why I  
invited you to come and stay  
here. I could hear to  
I have anyone else around.  
I love you."  
#

I could see that into  
when I decided to sleep

alone that he needed  
me. He kept coming  
back, begging me to come  
with him. His eyes witnessed  
He loves me. He needs me.  
Don't feel unloved, or un-  
wanted. He is your only love.

# Dec. 23<sup>rd</sup> 1955

Shriji: "You must meditate  
every night. It takes much  
perseverance to master medi-  
tation."

First you must concentrate  
the mind and think deeply  
about Reality + who  
you are - what the I ego  
is. Then when you have  
reached a deep concentration  
and the thinking waves  
suddenly stop, then  
you have to use your  
will + plunge

into the silence.

The character has  
to be well balanced  
before plunging into the  
depth. Control has got  
to be gotten over  
passions, depression  
irritabilities. All negativities  
have to be controlled

They must have correct  
knowledge + restrain  
over ~~the~~ imagination

Do during the day  
concentrate as much  
possible + discipline  
negative emotions.

#

When people see visions  
they are seeing thought  
forms developed in the life  
or in former births.



I said to Guryi:

"Now I can humbly understand the dream like quality of life. How can anyone be deceived that it is permanent when yesterday even an hour ago is gone forever - is no more, and tomorrow, the next minute has not come yet. We have only this moment as good. This will be gone. It is a dream . . . .

And a quick passing one - We dreamers had better make the most of our tiny morning moments.

Christmas 1955

After meditation last night when Healonin came thru P.B. this morning in meditation I felt the integrated, nature balanced, concentrated self that is within said. May she come forth with much strength!

Mrs Gue:

Healonin to P.B.

"In the practice of ZaZen I shall join you and become one with you."

Christmas Day 1955

There is a great mind energy which underlies ordinary thought energies.

And which never comes into play during our days of constant getting, small thoughts. That is where meditation is so useful.

When one stills the thought pits still in one spot, this will eventually call the great mind energy into play. If one sits there long enough and for enough repeated times this will eventually break through. This requires patience and perseverance.

When beginning meditation use a strong vital positive thought and attitudes.

Love expanded and have a definite duty toward others. Remember we must not lose balance, but keep the duty also that we owe to ourselves.

#

During Hurvath's reading about "Consciousness" will experience pure consciousness without thought.

Hurvath: We do not know who we are as thought is mixed up with our true identity. We are consciousness.



New York. Henri -

"If women could realize  
their glorious heritage  
of being the mothers of the race,  
and take pride and joy  
in their heritage of being  
a woman, then their better  
most beautiful self would  
shine forth automatically!"

"Where are our  
honors? - Only in words or  
thought? O, let our efforts  
show what they have  
taught!" - Sarina

even had a disciple  
to whom he had confessed  
on his <sup>young</sup> secrets of the  
spiritual, he looked  
at me and said, "no I  
have never had, but I <sup>h</sup>  
~~am sure you now, and~~  
~~those that murder one day,~~  
it will be you.

Boris reverence. -

~~Jan 1st 1956~~ Dec. 31, 1955  
new year's eve

Jan. 1<sup>st</sup> 1956

During meditation  
I felt power in the region  
of my head, then I  
lost all identity of  
mind and became  
P.B. I was here completely  
and I felt great peace.  
Munji says that it is

a deep state and that  
at last I am progressing  
in meditation.

Today I quoted  
Cange and will from  
this day on.

Jan 2<sup>nd</sup> 1956

As he held me close I  
said, "Dearest, when you  
are away from me do you  
~~think~~ think of me? P.B. -

Oh, yes. And then I said:  
"What do you think about me?" -

"I think of a very beautiful  
young woman, who is very  
spiritually minded who  
is waiting for me and  
who loves me. She is very close  
to me + I love her."



Jan. 3<sup>rd</sup>:

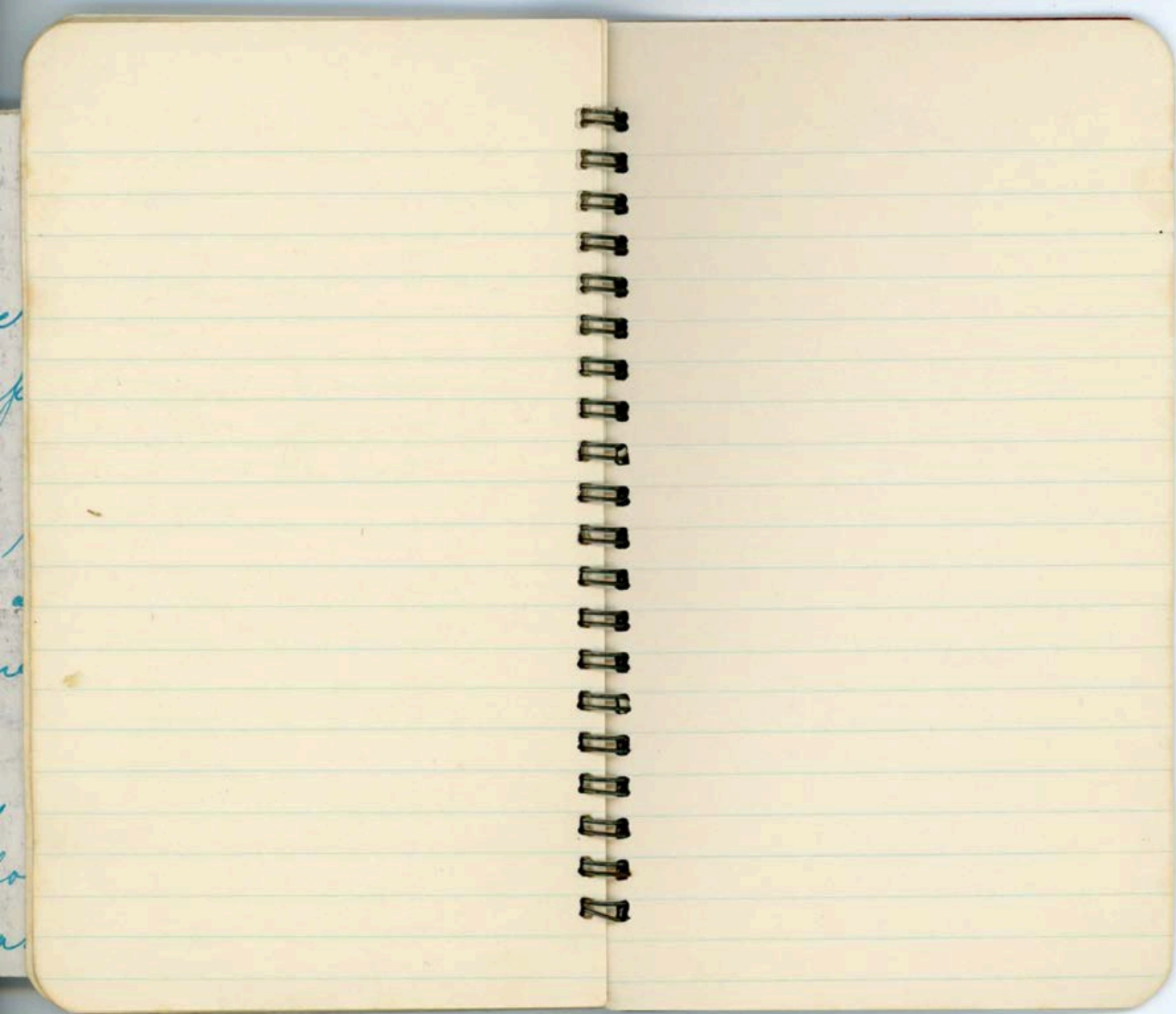
Naël: "Now just before  
meditation the first mistake  
and <sup>that</sup> things I did appear  
so vividly and I see how  
I hurt others. How can I counsel  
these and?"

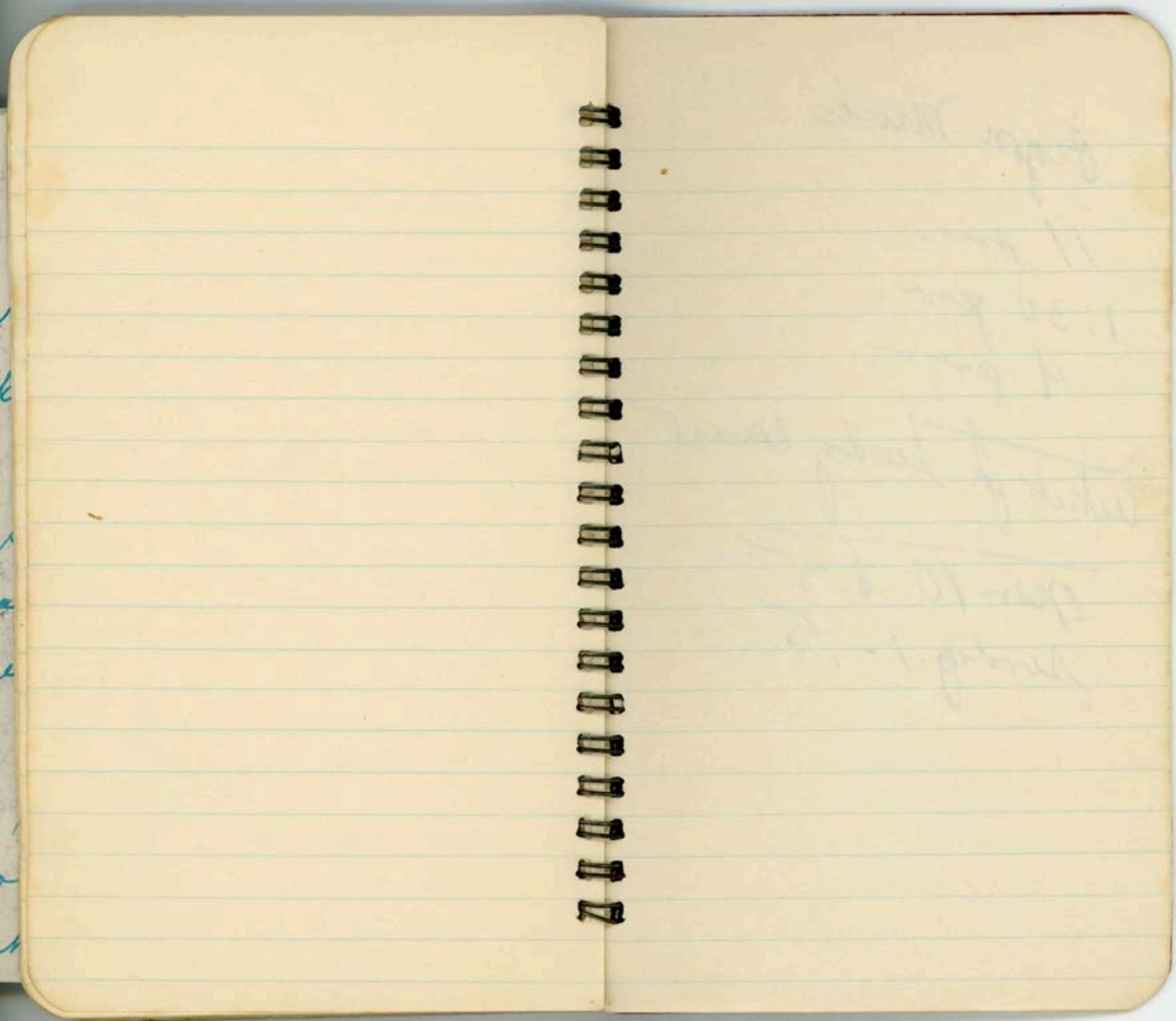
"Iduriji": By understanding  
them from four points  
of view and then practicing  
the chait path.

- 1 - What + Why you did  
these things + their effect on  
you.
- 2 - How they affected the  
other person.
- 3 - From the worldly point  
of view how did they affect  
your relations with others.
- 4 - From the spiritual -  
how did it retard your progress.











Organ Music

11 am.

1:30 pm.

4 pm.

tickets for Sunday concert

open 10 to 5

Sunday 1 - 5

Rahel  
D'ja  
Rosa  
Joosme  
Lieds  
Aephe  
Covington  
Bunson  
Beimud

~~Problems~~  
~~Symbalsin~~  
~~Mipticum~~

Frick Museum  
Music 4: P.M.

Lectures at 3  
Monday

Sunday 3 P.M.  
concerts



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restin  
Hall  
ly wh

10:00

7:55

8:40 Antelope

Woodburn

Woodland

4-9278

Wilson



Dated.

4:00

Beau

9-28-92

P.B. to EVE

I'll always love  
you more than any  
other person. You  
are the only person who  
has received such  
thought & attention  
personal teaching.  
Now you have the  
opportunities

March 13

(G)

Dear Philo,

Happy to receive yours of the 8th; to learn, also, that the problems have cleared.

The date you've set for your April 2<sup>nd</sup> arrival is excellent, and I'm looking forward immeasurably to your visit.

It is interesting to learn you agree with me on Holloway. I don't know specifically what prevents me making enthusiastic over his group, but I just don't. Also, it is good you saw him for yourself.

There are flurries of snow today - sure hope the weather is better when you get here. You spent the winter in the warmer place - we had a very miserable time of it this season.



At each practice of Tao Zen I shall join  
you. I shall be you. The two blend into one entity.  
The unseen shall take form temporarily for the  
benefit of those who dwell in the world of the seen. In  
that state and to that being the name of Sealoni  
is to be given for it applies to the new one who is  
thus born out of this union.

Sealoni appears to give grace. Five ways  
shall this grace be manifest. In the first way, there  
shall be healing, whether of mind or body, feeling  
or thought. In body the sickness and disease  
and tension. In feeling, the lusts and the illness  
making negatives, and in thought, the errors and the  
imbalances. In the second way of grace, there  
will be used the glass of the eye as a channel.  
~~Spoken~~ In the third way of grace, the spoken  
word shall be used as the channel. In the  
fourth way of grace the written word shall be the  
channel. Whether written by Sealoni's own hand or  
by his critics' hand upon a type machine, or  
whether printed in journal or book. In the fifth  
way of grace there shall be nothing used that will  
reach any of the five senses of the body. There shall be  
no outward act <sup>by Sealoni</sup> other than the simple sitting on the  
part of those who are to receive, in relaxed silence.

From this Christmas eve to the last day of this  
holy period which ends with Easter Sealoni will inscribe  
the message of the new week through B.B. Therefore, this message  
will be brought to an end at Easter, but before and not  
later. For that work B.B. must withdraw from all other work,  
must isolate himself still more and must postpone the  
other necessary activities until the writing down of the  
message is finished.





A black and white photograph of a man with a full, white beard and mustache. He is smiling slightly and looking towards the left. The photo has a white border and shows signs of age, including some scratches and a vertical crease on the left side. Handwritten in black ink on his forehead is the text: "PADRE Pio - visited in 1952 with P.B."/>

PADRE  
Pio -  
visited  
in

1952  
with  
P.B.

## VI

Healons: My mission or work is teaching or writing about cosmic laws.

My work is not on the personal level with individuals

#

Henry: It is important that you stick with me and have the meditation every day.

#

Saldsmith: Always the law is to be still. Always the indication is to become receptive. Open consciousness to the inflow.



IX